



# August 2019

Monday	Tuesday	Wednesday	Thursday	Friday
			10:30am Arthritis Exercise <b>1</b> <b>10:30am Mark Albertson</b> <b>10:30am Bereavement</b> 11:40pm Essentrics 12:30pm Bingo 12:30pm Mah Jongg 1:00pm Chess 1:00pm Kings in the Corner 6:30pm BINGO	2 8:30am Pickleball 9:30am Retired Men's Club 10:45am Enhance Fitness 11:30am Five Crown Cards 12:30pm Pickleball
8:30am Pickleball <b>5</b> 10:00am Sewing Ladies 11:00am Enhanced Fitness 12:00pm Bridge Play 12:30pm Poker 12:30pm Rummikub 12:30pm Pickleball 2:00pm Five Crown Cards	9:00am Yoga <b>6</b> 9:30am Quilting 9:30am Enhance Fitness 10:00am Beg. Spanish 11:30am Int. Spanish 12:30pm Mah Jongg 12:30pm Art w/ Laura 12:30pm Bridge Play 12:30pm Pickleball 12:30pm Kings in Corner 12:45pm Adv. Spanish	9:00am Social Stitchers <b>7</b> 10:00am Bridge Play 10:00am Tai Chi <b>11:00am Captain's Cove</b> 11:00am Strength & Stretch <b>11:30am Birthday Party</b> 12:30pm Hand & Foot 12:30pm Poker 12:30pm Pickleball 2:30pm Beg. Pickleball	10:30am Arthritis Exercise <b>8</b> <b>10:30am Caregiver support</b> 11:40am Essentrics 11:40pm Bingo 12:30pm Mah Jongg 1:00pm Chess 1:00pm Kings in the Corner 6:30pm BINGO	9 8:30am Pickleball 9:30am Retired Men's Club <b>10:30am Enhanced Fitness</b> <b>11:00am Balance Screening</b> <b>11:30am Lunch &amp; Learn</b> 11:30am Five Crown Cards 12:30pm Pickleball
<b>Christmas Tree Shop 12</b> 8:30am Pickleball 10:00am Sewing Ladies 11:00am Enhanced Fitness 12:00pm Bridge Play 12:30pm Poker 12:30pm Rummikub 12:30pm Pickleball 2:00pm Five Crown Cards	9:00am Yoga <b>13</b> 9:30am Quilting 9:00am Enhance Fitness 10:00am Beg. Spanish <b>11:30am Lunch &amp; Learn</b> 11:30am Int. Spanish 12:30pm Mah Jongg 12:30pm Art w/ Laura 12:30pm Bridge Play 12:30pm Pickleball 12:30pm Kings in Corner 12:45pm Adv. Spanish	9:00am Social Stitchers <b>14</b> 10:00am Bridge Play 10:00am Tai Chi 11:00am Strength & Stretch 12:30pm Hand & Foot 12:30pm Poker 12:30pm Pickleball <b>12:30pm Ice Cream Social</b> <b>2:00pm Book Club</b> 2:30pm Beg. Pickleball	10:30am Arthritis Exercise <b>15</b> <b>10:30am Bereavement</b> 11:40pm Essentrics 12:30pm Bingo 12:30pm Mah Jongg 1:00pm Chess 1:00pm Kings in the Corner 6:30pm BINGO	<b>Trip: Thimble Islands 16</b> 8:30am Pickleball 9:30am Retired Men's Club 10:45am Enhance Fitness 11:30am Five Crown Cards 12:30pm Pickleball
<b>Trip: Holiday Hill 19</b> 8:30am Pickleball 10:00am Sewing Ladies 11:00am Enhanced Fitness 12:00pm Bridge Play 12:30pm Poker 12:30pm Rummikub 12:30pm Pickleball 2:00pm Five Crown Cards	9:00am Yoga <b>20</b> 9:30am Quilting 9:30am Enhance Fitness 10:00am Beg. Spanish 11:30am Int. Spanish <b>11:45am Brain Bowl</b> 12:30pm Mah Jongg 12:30pm Art w/ Laura 12:30pm Bridge Play 12:30pm Pickleball 12:30pm Kings in Corner 12:45pm Adv. Spanish	<b>Open House: 21</b> <b>12:30pm Treasure Chest</b> 9:00am Social Stitchers 10:00am Bridge Play 10:00am Tai Chi <b>11:00am Ask a Nurse</b> <b>11:00am Captain's Cove</b> 11:00am Strength & Stretch 12:30pm Hand & Foot 12:30pm Poker 12:30pm Pickleball 2:30pm Beg. Pickleball	<b>10:00am Blood Pressure 22</b> <b>10:30am Caregiver Support</b> 10:30am Arthritis Exercise 11:40am Essentrics 12:30pm Bingo 12:30pm Mah Jongg 1:00pm Chess 1:00pm Kings in the Corner 6:30pm BINGO	<b>23</b> 8:30am Pickleball 9:30am Retired Men's Club <b>10:00am Beads</b> 10:45am Enhance Fitness 11:30am Five Crown Cards 12:30pm Pickleball
<b>Trip: Sherwood Island 26</b> 8:30am Pickleball 10:00am Sewing Ladies 11:00am Enhanced Fitness 12:00pm Bridge Play 12:30pm Poker 12:30pm Rummikub 12:30pm Pickleball 2:00pm Five Crown Cards	<b>Trip: Thrift Shop 27</b> 9:00am Yoga 9:00am Quilting 9:30am Enhance Fitness 10:00am Beg. Spanish 11:30am Int. Spanish 12:30pm Mah Jongg 12:30pm Art w/ Laura 12:30pm Bridge Play 12:30pm Pickleball 12:30pm Kings in Corner <b>12:30pm Veterans Affairs</b> 12:45pm Adv. Spanish	9:00am Social Stitchers <b>28</b> 10:00am Bridge Play 10:00am Tai Chi <b>11:00am Homewell</b> 11:00am Strength & Stretch 12:30pm Hand & Foot 12:30pm Poker 12:30pm Pickleball 2:30pm Beg. Pickleball	10:30am Arthritis Exercise <b>29</b> 11:40pm Essentrics <b>11:45am Special Lunch</b> 12:30pm Bingo 12:30pm Mah Jongg 1:00pm Chess 1:00pm Kings in the Corner 6:30pm BINGO	<b>30</b> 8:30am Pickleball <b>9:00am AARP Drivers</b> 9:30am Retired Men's Club <b>10:00am Beads</b> 10:45am Enhance Fitness 11:30am Five Crown Cards 12:30pm Pickleball

# September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
8:30am Pickleball <b>2</b> 10:00am Sewing Ladies 11:00am Enhanced Fitness 12:00pm Bridge Play 12:30pm Poker 12:30pm Rummikub 12:30pm Pickleball 2:00pm Five Crown Cards	9:00am Yoga <b>3</b> 9:30am Quilting 9:30am Enhance Fitness 10:00am Beg. Spanish 11:30am Int. Spanish 12:30pm Mah Jongg 12:30pm Art w/ Laura 12:30pm Bridge Play 12:30pm Pickleball 12:30pm Kings in Corner 12:45pm Adv. Spanish	9:00am Social Stitchers <b>4</b> 10:00am Bridge Play 10:00am Tai Chi <b>11:00am Captain's Cove</b> 11:00am Strength & Stretch <b>11:30am Birthday Party</b> 12:30pm Hand & Foot 12:30pm Poker 12:30pm Pickleball 2:30pm Beg. Pickleball	10:30am Arthritis Exercise <b>5</b> <b>10:30am Caregiver Support</b> 11:40am Essentrics 12:30pm Bingo 12:30pm Mah Jongg 1:00pm Chess 1:00pm Kings in the Corner 6:30pm BINGO	<b>Trip: Thimble Islands 6</b> 8:30am Pickleball 9:30am Retired Men's Club 10:30am Bible Study 10:45am Enhance Fitness 11:30am Five Crown Cards 12:30pm Pickleball
<b>Christmas Tree Shop 9</b> 8:30am Pickleball 10:00am Sewing Ladies 11:00am Enhanced Fitness <b>11:00am Hearing Clinic</b> 12:00pm Bridge Play 12:30pm Poker 12:30pm Rummikub 12:30pm Pickleball <b>12:45pm Monday Movie</b> 2:00pm Five Crown Cards	<b>Annual Picnic 10</b> 9:00am Yoga 9:30am Quilting 9:30am Enhance Fitness 10:00am Beg. Spanish 11:30am Int. Spanish 12:30pm Mah Jongg 12:30pm Art w/ Laura 12:30pm Bridge Play 12:30pm Pickleball 12:30pm Kings in Corner 12:45pm Adv. Spanish	9:00am Social Stitchers <b>11</b> 10:00am Bridge Play 10:00am Tai Chi 11:00am Strength & Stretch <b>12:30pm Ice Cream Social</b> 12:30pm Hand & Foot 12:30pm Poker 12:30pm Pickleball <b>2:00pm Book Club</b> 2:30pm Beg. Pickleball	10:30am Arthritis Exercise <b>12</b> <b>10:30am Key to Moving</b> <b>10:30am Caregiver Support</b> 11:40am Essentrics 12:30pm Bingo 12:30pm Mah Jongg 1:00pm Chess 1:00pm Kings in the Corner 6:30pm BINGO	8:30am Pickleball <b>13</b> 9:30am Retired Men's Club <b>10:00am Beads</b> 10:30am Bible Study 10:45am Enhance Fitness 11:30am Five Crown Cards 12:30pm Pickleball
8:30am Pickleball <b>16</b> 10:00am Sewing Ladies 11:00am Enhanced Fitness 12:00pm Bridge Play 12:30pm Poker 12:30pm Rummikub 12:30pm Pickleball 2:00pm Five Crown Cards	<b>Trip: Aqua Turf 17</b> 9:00am Yoga 9:30am Quilting 9:30am Enhance Fitness 10:00am Beg. Spanish 11:30am Int. Spanish 12:30pm Mah Jongg 12:30pm Art w/ Laura 12:30pm Bridge Play 12:30pm Pickleball 12:30pm Kings in Corner 12:45pm Adv. Spanish	9:00am Social Stitchers <b>18</b> 10:00am Bridge Play 10:00am Tai Chi <b>11:00am Captain's Cove</b> <b>11:00am Women's Club</b> 11:00am Strength & Stretch 12:30pm Hand & Foot <b>12:30pm Afternoon Tea</b> 12:30pm Poker 12:30pm Pickleball 2:30pm Beg. Pickleball	10:30am Arthritis Exercise <b>19</b> <b>10:30am Bereavement</b> 11:40pm Essentrics <b>12:00pm AARP Social Chapter</b> 12:30pm Bingo 12:30pm Mah Jongg 1:00pm Chess 1:00pm Kings in the Corner 6:30pm BINGO	<b>Trip: Beardsley Zoo 20</b> 8:30am Pickleball 9:30am Retired Men's Club 10:30am Bible Study 10:45am Enhance Fitness 11:30am Five Crown Cards 12:30pm Pickleball
8:30am Pickleball <b>23</b> 10:00am Sewing Ladies 11:00am Enhanced Fitness 12:00pm Bridge Play 12:30pm Poker 12:30pm Rummikub 12:30pm Pickleball 2:00pm Five Crown Cards	<b>Thrift Shop 24</b> 9:00am Yoga 9:30am Quilting 9:30am Enhance Fitness 10:00am Beg. Spanish 11:30am Int. Spanish 12:30pm Mah Jongg 12:30pm Art w/ Laura 12:30pm Bridge Play 12:30pm Pickleball 12:30pm Kings in Corner 12:45pm Adv. Spanish	9:00am Social Stitchers <b>25</b> 10:00am Bridge Play <b>10:00am Flu Clinic</b> 10:00am Tai Chi <b>11:00am Captains Cove</b> 11:00am Strength & Stretch 12:30pm Hand & Foot 12:30pm Poker 12:30pm Pickleball 2:30pm Beg. Pickleball	<b>10:00am Blood Pressure 26</b> 10:30am Arthritis Exercise <b>10:30am Caregivers Support</b> 11:40pm Essentrics 12:30pm Bingo 12:30pm Mah Jongg 1:00pm Chess 1:00pm Kings in the Corner 6:30pm BINGO	<b>Health &amp; Wellness Fair 27</b> 8:30am Pickleball <b>9:00am AARP Driver</b> 9:30am Retired Men's Club <b>10:00am Beads</b> 10:30am Bible Study 10:30am Enhanced Fitness 11:30am Five Crown Cards 12:30pm Pickleball
8:30am Pickleball <b>30</b> 10:00am Sewing Ladies 11:00am Enhanced Fitness 12:00pm Bridge Play 12:30pm Poker 12:30pm Rummikub 12:30pm Pickleball 2:00pm Five Crown Cards	