


# December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>8:30am Pickleball <sup>3</sup>            10:00am Sewing Ladies            11:00am Billiards            11:00am Enhanced Fitness            12:00pm Bridge Play            12:30pm Poker            12:30pm Rummikub            12:30pm Pickleball            2:00pm Five Crown Cards</p>	<p>9:00am Yoga <sup>4</sup>            9:30am Quilting            9:30am Enhance Fitness            10:30am Beg. Spanish            11:00am Billiards            12:30pm Adv. Spanish            12:30pm Art w/ Laura            12:30pm Bridge Play            12:30pm Pickleball            1:00pm Kings in Corner</p>	<p>9:00am Social Stitchers <sup>5</sup>            9:30am Women's Club            10:00am Bridge Play            10:00am Tai Chi  <b>11:00am Music at Lunch</b>            11:00am Billiards            11:00am Strength &amp; Stretch            12:30pm Hand &amp; Foot            12:30pm Poker            12:30pm Shopping Trip            12:30pm Pickleball            2:30pm Beg. Pickleball</p>	<p><b>10:30am Coping w/ Loss</b> <sup>6</sup>  <b>10:30am Mark Albertson</b>            10:30am Arthritis Exercise            11:00am Billiards            12:30pm Bingo            12:30pm Essentrics            12:30pm Mah Jongg            1:00pm Kings in the Corner            6:30pm BINGO</p>	<p><b>TRIP: Trumbull Mall</b> <sup>7</sup>            8:30am Pickleball            9:30am Retired Men's Club            10:00am Bible Class            10:30am Enhance fitness  <b>11:00am Audiology</b>            11:00am Billiards            11:30am Five Crown Cards            12:30pm Pickleball</p>
<p>8:30am Pickleball <sup>10</sup>  <b>10:00am Christmas Tree Shop</b>            10:00am Sewing Ladies            11:00am Billiards            11:00am Enhanced Fitness            12:00pm Bridge Play            12:30pm Poker            12:30pm Rummikub            12:30pm Pickleball            2:00pm Five Crown Cards</p>	<p><b>TRIP: Aqua Turf</b> <sup>11</sup>            9:00am Yoga            9:30am Quilting            9:30am Enhance Fitness            10:30am Beg. Spanish            11:00am Billiards            11:30am Brain Games            12:30pm Adv. Spanish            12:30pm Art w/ Laura            12:30pm Bridge Play            12:30pm Pickleball            1:00pm Kings in Corner</p>	<p><b>TRIP: Clinton Crossing</b> <sup>12</sup>            9:00am Social Stitchers            10:00am Bridge Play            10:00am Tai Chi for Better  <b>10:30am Chair Yoga</b>            11:00am Billiards            11:00am Strength &amp; Stretch            12:30pm Hand &amp; Foot            12:30pm Poker  <b>12:30pm Shopping Trip</b>            12:30pm Pickleball  <b>2:00pm Reader's Choice</b>            2:30pm Beg. Pickleball</p>	<p><sup>13</sup>            10:30am Arthritis Exercise  <b>10:30am Caregivers</b>            11:00am Billiards            12:30pm Bingo            12:30pm Essentrics            12:30pm Mah Jongg            1:00pm Kings in the Corner</p>	<p><sup>14</sup>            8:30am Pickleball            9:30am Retired Men's Club  <b>10:00am Beads</b>            10:00am Bible Class            10:30am Enhance fitness            11:00am Billiards  <b>11:30am Lunch &amp; Learn</b>            11:30am Five Crown Cards            12:30pm Pickleball</p>
<p><b>Trip: IMAX &amp; Lunch</b> <sup>17</sup>            8:30am Pickleball            10:00am Sewing Ladies            11:00am Billiards            11:00am Enhanced Fitness            12:00pm Bridge Play            12:30pm Poker            12:30pm Rummikub            12:30pm Pickleball            2:00pm Five Crown Cards</p>	<p><b>TRIP: La Traviata</b> <sup>18</sup>            9:00am Yoga            9:30am Quilting            9:30am Enhance Fitness            10:30am Beg. Spanish            11:00am Billiards            12:30pm Adv. Spanish            12:30pm Art w/ Laura            12:30pm Bridge Play            12:30pm Pickleball            1:00pm Kings in Corner</p>	<p><sup>19</sup>            9:00am Social Stitchers            10:00am Bridge Play            10:00am Tai Chi  <b>10:30am Chair Yoga</b>            11:00am Woman's Club            11:00am Billiards            11:00am Strength &amp; Stretch  <b>11:30am Holiday Lunch</b>            12:30pm Hand &amp; Foot            12:30pm Poker            12:30pm Shopping Trip            12:30pm Pickleball            2:30pm Beg. Pickleball</p>	<p><sup>20</sup>            10:30am Arthritis Exercise  <b>10:30am Bereavement Group</b>            11:00am Billiards  <b>11:30am Gerontology Q&amp;A</b>            12:30pm Bingo            12:30pm Essentrics            12:30pm Mah Jongg            1:00pm Kings in the Corner            6:30pm BINGO</p>	<p><sup>21</sup>            8:30am Pickleball            9:30am Retired Men's Club            10:00am Bible Class            10:30am Enhance Fitness            11:00am Billiards            11:30am Hip &amp; Knee Pain            11:30am Five Crown Cards            12:30pm Pickleball</p>
<p><sup>24</sup>            8:30am Pickleball            10:00am Sewing Ladies            11:00am Billiards            11:00am Enhanced Fitness            11:30am Wal-Mart Trip            12:00pm Bridge Play            12:30pm Poker            12:30pm Rummikub            12:30pm Pickleball            2:00pm Five Crown Cards</p>	<p><sup>25</sup>  <b>Christmas Day Senior Center Closed</b>  </p>	<p><sup>26</sup>            9:00am Social Stitchers            10:00am Bridge Play            10:00am Tai Chi            11:00am Billiards            11:00am Strength &amp; Stretch  <b>11:30am Ask a Nurse</b>            12:30pm Hand &amp; Foot            12:30pm Poker            12:30pm Shopping Trip            12:30pm Pickleball            2:30pm Beg. Pickleball</p>	<p><sup>27</sup>            10:30am Arthritis Exercise  <b>10:30am Caregivers</b>            11:00am Billiards            12:30pm Bingo            12:30pm Essentrics            12:30pm Mah Jongg            1:00pm Kings in the Corner            6:30pm BINGO</p>	<p><sup>28</sup>            8:30am Pickleball            9:30am Retired Men's Club  <b>10:00am Beads</b>            10:00am Bible Class            10:30am Enhance fitness            11:00am Billiards            11:30am Five Crown Cards            12:30pm Pickleball</p>
<p>8:30am Pickleball <sup>31</sup>            10:00am Sewing Ladies            11:00am Billiards            11:00am Enhanced Fitness            12:00pm Bridge Play            12:30pm Walmart            12:30pm Poker            12:30pm Rummikub            12:30pm Pickleball            2:00pm Five Crown Cards</p>				

# January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	<p style="text-align: center;"> <b>Happy New Year!</b> Senior Center Closed</p>	<p>9:00am Social Stitchers 9:30am Women's Club 10:00am Bridge Play 10:00am Tai Chi <b>10:30am Bereavement</b> 11:00am Strength &amp; Stretch 12:30pm Hand &amp; Foot 12:30pm Poker 12:30pm Shopping Trip 12:30pm Pickleball 2:30pm Beg. Pickleball</p>	<p>10:30am Arthritis Exercise 12:30pm Bingo 12:30pm Essentrics 12:30pm Mah Jongg 1:00pm Kings in the Corner 6:30pm BINGO</p>	<p>8:30am Pickleball 9:30am Retired Men's Club 10:30am Enhance Fitness <b>11:00am Audiology</b> 11:30am Five Crown Cards 12:30pm Pickleball</p>
<p>8:30am Pickleball 10:00am Sewing Ladies 11:00am Enhanced Fitness 12:00pm Bridge Play 12:30pm Poker 12:30pm Rummikub 12:30pm Pickleball 2:00pm Five Crown Cards</p>	<p><b>TRIP: TGI Fridays</b> 9:00am Yoga 9:30am Quilting 9:30am Enhance Fitness 10:30am Beg. Spanish 12:30pm Adv. Spanish 12:30pm Art w/ Laura 12:30pm Bridge Play 12:30pm Pickleball 1:00pm Kings in Corner</p>	<p>9:00am Social Stitchers 9:30am Women's Club 10:00am Bridge Play 10:00am Tai Chi 11:00am Strength &amp; Stretch 12:30pm Hand &amp; Foot 12:30pm Poker 12:30pm Pickleball <b>2:00pm Reader's Choice</b> 2:30pm Beg. Pickleball</p>	<p>10:30am Arthritis Exercise <b>10:30am Caregivers</b> 11:00am Billiards <b>11:30am Lunch &amp; Learn</b> 12:30pm Bingo 12:30pm Essentrics 12:30pm Mah Jongg 1:00pm Kings in the Corner 6:30pm BINGO</p>	<p>8:30am Pickleball 9:30am Retired Men's Club <b>10:00am Beads</b> 10:30am Enhance Fitness <b>11:30am Ask a Nurse</b> 11:30am Five Crown Cards 12:30pm Pickleball</p>
<p>8:30am Pickleball 10:00am Xmas Tree Shop 10:00am Sewing Ladies 11:00am Enhanced Fitness 12:00pm Bridge Play 12:30pm Poker 12:30pm Rummikub 12:30pm Pickleball 2:00pm Five Crown Cards</p>	<p>9:00am Yoga 9:30am Quilting 9:30am Enhance Fitness 10:30am Beg. Spanish 11:00am Billiards 12:30pm Adv. Spanish 12:30pm Art w/ Laura 12:30pm Bridge Play 12:30pm Pickleball 1:00pm Kings in Corner</p>	<p>9:00am Social Stitchers 10:00am Bridge Play 10:00am Tai Chi 11:00am Strength &amp; Stretch <b>11:30am Move Ability</b> 12:30pm Hand &amp; Foot 12:30pm Poker 12:30pm Pickleball 2:30pm Beg. Pickleball</p>	<p>10:30am Arthritis Exercise <b>10:30am Bereavement</b> 12:30pm Bingo 12:30pm Essentrics 12:30pm Mah Jongg 1:00pm Kings in the Corner 6:30pm BINGO</p>	<p>8:30am Pickleball 9:30am Retired Men's Club 10:30am Enhance Fitness 11:30am Five Crown Cards 12:30pm Pickleball</p>
<p style="text-align: center;"> <b>Martin Luther King Jr. Day</b> Senior Center Closed</p>	<p>9:00am Yoga 9:30am Quilting 9:30am Enhance Fitness 10:30am Beg. Spanish 12:30pm Adv. Spanish 12:30pm Art w/ Laura 12:30pm Bridge Play 12:30pm Pickleball</p>	<p>9:00am Social Stitchers 10:00am Bridge Play 10:00am Tai Chi 11:00am Strength &amp; Stretch 12:30pm Hand &amp; Foot 12:30pm Poker 12:30pm Shopping Trip 12:30pm Pickleball 2:30pm Beg. Pickleball</p>	<p>10:30am Arthritis Exercise <b>10:30am Caregivers</b> 12:30pm Bingo 12:30pm Essentrics 12:30pm Mah Jongg 1:00pm Kings in the Corner 6:30pm BINGO</p>	<p>8:30am Pickleball <b>9:00am AARP</b> 9:30am Retired Men's Club <b>10:00 am Beads</b> 10:30am Enhance Fitness 11:30am Five Crown Cards 12:30pm Pickleball</p>
<p>8:30am Pickleball 10:00am Sewing Ladies 11:00am Enhanced Fitness 12:00pm Bridge Play 12:30pm Poker 12:30pm Rummikub 12:30pm Pickleball 2:00pm Five Crown Cards</p>	<p>9:00am Yoga 9:30am Quilting 9:30am Enhance Fitness 10:30am Beg. Spanish 12:30pm Adv. Spanish 12:30pm Art w/ Laura 12:30pm Bridge Play 12:30pm Pickleball 1:00pm Kings in Corner</p>	<p>9:00am Social Stitchers 10:00am Bridge Play 10:00am Tai Chi 11:00am Strength &amp; Stretch 12:30pm Hand &amp; Foot 12:30pm Poker 12:30pm Shopping Trip 12:30pm Pickleball 2:30pm Beg. Pickleball</p>	<p>10:30am Arthritis Exercise 12:30pm Bingo 12:30pm Essentrics 12:30pm Mah Jongg 1:00pm Kings in the Corner 6:30pm BINGO</p>	