

Monday	Tuesday	Wednesday	Thursday	Friday
<p>8:30 Pickleball 2</p> <p>10:00 Sewing Ladies</p> <p>11:00 Enhanced Fitness</p> <p>12:30 Bridge Play</p> <p>12:30 Ping Pong</p> <p>12:30 Poker</p> <p>12:30 Rummikub</p> <p>2:00 Five Crown Cards</p>	<p>9:00 Yoga 3</p> <p>9:30 Quilting</p> <p>9:30 Enhanced Fitness</p> <p>10:00 Goodwives Quilting</p> <p>10:30 Ping Pong</p> <p>10:30 Beginning Spanish</p> <p>12:30 Pickleball</p> <p>12:30 Bridge Play</p> <p>12:30 Advanced Spanish</p> <p>12:30 Mah Jongg</p> <p>12:30 Art Studio</p> <p>1:00 Kings in Corner</p>	<p><i>Independence</i> 4</p> <p><i>Day</i></p> <p>Senior Center Closed</p>	<p>10:30 Bereavement Group 5</p> <p>10:30 Arthritis Exercise</p> <p>12:30 Essentrics</p> <p>12:30 Bingo</p> <p>12:30 Mah Jongg</p> <p>1:00 Kings in Corner</p> <p>1:00 Chess Club</p> <p>5:30 BINGO - Doors Open</p> <p>6:30 BINGO - Play Begins</p>	<p>8:30 Pickleball 6</p> <p>9:30 Retired Men's Club</p> <p>10:00 Canasta</p> <p>10:30 Bible Class</p> <p>10:30 Enhanced Fitness</p> <p>11:00 Problems Hearing</p> <p>11:30 Five Crown Cards</p> <p>12:30 Pickleball</p>
<p>8:30 Pickleball 9</p> <p>10:00 Sewing Ladies</p> <p>10:00 Christmas Tree Shop</p> <p>11:00 Enhanced Fitness</p> <p>12:30 Bridge Play</p> <p>12:30 Ping Pong</p> <p>12:30 Poker</p> <p>12:30 Rummikub</p> <p>2:00 Five Crown Cards</p>	<p>9:00 Yoga 10</p> <p>9:30 Quilting</p> <p>9:30 Enhanced Fitness</p> <p>10:00 Blood Pressure</p> <p>10:00 Goodwives Quilting</p> <p>10:30 Ping Pong</p> <p>10:30 Beginning Spanish</p> <p>11:30 Grace Farms</p> <p>11:30 Brain Games</p> <p>12:30 Pickleball</p> <p>12:30 Bridge Play</p> <p>12:30 Advanced Spanish</p> <p>12:30 Mah Jongg</p> <p>12:30 Art Studio</p> <p>1:00 Kings in Corner</p>	<p>9:00 Social Stitchers 11</p> <p>10:00 Tai Chi—Balance</p> <p>10:00 Bocce</p> <p>10:00 Bridge Play</p> <p>11:00 Lyme Disease</p> <p>11:00 Strength & Stretch</p> <p>11:30 Crowns</p> <p>12:30 Poker</p> <p>12:30 Shopping Trip</p> <p>12:30 Pickleball</p> <p>12:30 Hand & Foot</p> <p>2:00 Readers Choice</p>	<p>TRIP DELANEY HOUSE 12</p> <p>10:30 Caregivers Support</p> <p>10:30 Arthritis Exercise</p> <p>12:30 Essentrics</p> <p>12:30 Bingo</p> <p>12:30 Mah Jongg</p> <p>1:00 Kings in Corner</p> <p>1:00 Chess Club</p> <p>5:30 BINGO - Doors Open</p> <p>6:30 BINGO - Play Begins</p>	<p>8:30 Pickleball 13</p> <p>9:30 Retired Men's Club</p> <p>10:00 Canasta</p> <p>10:00 Beads</p> <p>10:30 Bible Class</p> <p>10:30 Enhanced Fitness</p> <p>11:30 Five Crown Cards</p> <p>12:30 Pickleball</p>
<p>8:30 Pickleball 16</p> <p>10:00 Sewing Ladies</p> <p>11:00 Enhanced Fitness</p> <p>12:30 Bridge Play</p> <p>12:30 Ping Pong</p> <p>12:30 Poker</p> <p>12:30 Rummikub</p> <p>2:00 Five Crown Cards</p>	<p>9:00 Yoga 17</p> <p>9:30 Quilting</p> <p>9:30 Enhanced Fitness</p> <p>10:00 Goodwives Quilting</p> <p>10:30 Ping Pong</p> <p>10:30 Beginning Spanish</p> <p>12:30 Pickleball</p> <p>12:30 Bridge Play</p> <p>12:30 Advanced Spanish</p> <p>12:30 Mah Jongg</p> <p>12:30 Art Studio</p> <p>1:00 Kings in Corner</p>	<p>TRIP ANYTHING GOES 18</p> <p>9:00 Social Stitchers</p> <p>10:00 Walking Club</p> <p>10:00 Tai Chi—Balance</p> <p>10:00 Bocce</p> <p>10:00 Bridge Play</p> <p>11:00 Strength & Stretch</p> <p>11:00 Womans Club Lunch</p> <p>12:30 Poker</p> <p>12:30 Shopping Trip</p> <p>12:30 Pickleball</p> <p>12:30 Hand & Foot</p>	<p>10:30 Bereavement Group 19</p> <p>10:30 Arthritis Exercise</p> <p>10:30 Skeen Presentation</p> <p>12:30 Essentrics</p> <p>12:30 Bingo</p> <p>12:30 Mah Jongg</p> <p>1:00 Kings in Corner</p> <p>1:00 Chess Club</p> <p>5:30 BINGO - Doors Open</p> <p>6:30 BINGO - Play Begins</p>	<p>8:30 Pickleball 20</p> <p>9:30 Retired Men's Club</p> <p>10:00 Canasta</p> <p>10:30 Bible Class</p> <p>10:30 Enhanced Fitness</p> <p>11:30 Five Crown Cards</p> <p>12:30 Pickleball</p>
<p>8:30 Pickleball 23</p> <p>10:00 Bass Pro Shop</p> <p>10:00 Sewing Ladies</p> <p>11:00 Enhanced Fitness</p> <p>12:30 Wal-Mart</p> <p>12:30 Bridge Play</p> <p>12:30 Ping Pong</p> <p>12:30 Poker</p> <p>12:30 Rummikub</p> <p>2:00 Five Crown Cards</p>	<p>9:00 Yoga 24</p> <p>9:30 Quilting</p> <p>9:30 Enhanced Fitness</p> <p>10:00 Goodwives Quilting</p> <p>10:30 Ping Pong</p> <p>10:30 Beg. Spanish</p> <p>12:30 Pickleball</p> <p>12:30 Bridge Play</p> <p>12:30 Adv. Spanish</p> <p>12:30 Mah Jongg</p> <p>12:30 Art Studio</p> <p>12:30 Veterans' Affairs</p> <p>1:00 Kings in Corner</p>	<p>9:00 Social Stitchers 25</p> <p>10:00 Tai Chi—Balance</p> <p>10:00 Bocce</p> <p>10:00 Bridge Play</p> <p>11:00 Strength & Stretch</p> <p>12:30 Poker</p> <p>12:30 Shopping Trip</p> <p>12:30 Pickleball</p> <p>12:30 Hand & Foot</p>	<p>9:30 Jimmy Buffett Tribute 26</p> <p>10:00 Blood Pressure</p> <p>10:30 Caregivers Support</p> <p>10:30 Arthritis Exercise</p> <p>12:30 Essentrics</p> <p>12:30 Bingo</p> <p>12:30 Mah Jongg</p> <p>1:00 Kings in Corner</p> <p>1:00 Chess Club</p> <p>5:30 BINGO - Doors Open</p> <p>6:30 BINGO - Play Begins</p>	<p>8:30 Pickleball 27</p> <p>9:00 AARP Smart Driver</p> <p>9:30 Retired Men's Club</p> <p>10:00 Canasta</p> <p>10:00 Beads</p> <p>10:30 Bible Class</p> <p>10:30 Enhanced Fitness</p> <p>11:30 Five Crown Cards</p> <p>12:30 Pickleball</p>
<p>8:30 Pickleball 30</p> <p>9:00 Book Lover's</p> <p>10:00 Bass Pro Shop</p> <p>10:00 Sewing Ladies</p> <p>11:00 Enhanced Fitness</p> <p>12:30 Bridge Play</p> <p>12:30 Ping Pong</p> <p>12:30 Poker</p> <p>12:30 Rummikub</p> <p>2:00 Five Crown Cards</p>	<p>9:00 Yoga 31</p> <p>9:30 Quilting</p> <p>9:30 Enhanced Fitness</p> <p>10:00 Goodwives Quilting</p> <p>10:00 Thrift Shop</p> <p>10:30 Ping Pong</p> <p>10:30 Beg. Spanish</p> <p>10:30 Thimble Islands</p> <p>12:30 Pickleball</p> <p>12:30 Bridge Play</p> <p>12:30 Adv. Spanish</p> <p>12:30 Mah Jongg</p> <p>12:30 Art Studio</p> <p>1:00 Kings in Corner</p>	<p>The expertise of a full healthcare system that makes house calls.</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: right;"> <p>Learn how Waveny's expertise and trusted care will come to you by calling Waveny Home Healthcare at 203.594.5249 or visiting waveny.org.</p> <p>Waveny LifeCare Network <i>Leading Fuller Lives</i></p> </div> </div>		